

Day 1, Thursday May 22

Time	Room 1	Room 2	Room 3	Room 4
08:30 -	Registration opens			
10:00 -11:30	<p>Estonia Personalized prevention of cardiovascular diseases</p> <p>Introduction</p> <p>Personalized prevention in patients with dyslipidemia in Europe in 2025. The role of upfront lipid lowering combination therapy. Maciej Banach (Pl)</p> <p>Personalized prevention of cardiovascular disease in Estonia. Martin Serg (Est)</p> <p>Personalized prevention of CVD in Sweden - some examples. Peter Nilsson (SE)</p> <p>Personalized approach to hypercholesterolemia. Gustavs Latkovskis (LV)</p> <p>Interactive poll Panel discussion</p> <p>Chairs: Prof Margus Viigimaa (Estonia), Prof Karl Andersen (Iceland)</p>	<p>Finland Latest advances in cardiac pacing and ablation</p> <p>Conduction system pacing for bradycardia - ready for prime time? Speaker: TBA</p> <p>How to resynchronize the heart: biventricular pacing or conduction system pacing? Heli Tolppanen (FI)</p> <p>Goodbye to leads? Update on leadless pacing. Jens Brock Johansen (DK)</p> <p>Catheter ablation for atrial fibrillation: state of the art in 2025. Speaker TBA</p> <p>Chairs: Jarkko Karvonen (FI), Michael Vinther (DK)</p>	<p>Nursing and allied professionals Nursing perspectives in patients with heart diseases</p> <p>Heart and Mind – finding from a comprehensive Nordic research program. Selina Kikkenborg Berg (DK)</p> <p>Choosing wisely, person-centered care and the Magnet model: A Swedish real-life experience of nursing quality enhancement. David Sparv (SE)</p> <p>Panel discussion: Selina Kikkenborg Berg (DK) Speaker pending David Sparv (Se) Jeroen Hendriks (NL)</p> <p>Chairs: Signe Stelling Risom (DK)</p>	<p>Sweden Transposition of the Great Arteries</p> <p>Historical and Surgical Perspective on Transposition of the Great Arteries. Carl Johan Malm (SE)</p> <p>Echocardiography and Hemodynamics in Transposition of the Great Arteries. Ola Gjesdal (NO)</p> <p>Long-Term Data, Complications, and Mortality in Transposition of the Great Arteries. Anette Schophaus Jensen (DK)</p> <p>Chairs: Bengt Johansson (SE), Joanna Hlebowicz (SE).</p>
11.30-13.00	Lunch symposium (pending) & Moderated posters (Main chair: Dan Høfsten (DK))			
	Symposia 1	Symposia 2	Symposia 3	Symposia 4
13.00-14.30	<p>Denmark Cardiogenic Shock: When to Consider Mechanical Support</p> <p>A pro and con discussion of IABP along with a insight commentary on the ALTSOCK2 trial. Professor Alastair Proudfoot</p> <p>Mechanical support in patients with decompensated non-ischemic cardiomyopathy Prof. Hans Eiskjær</p> <p>Mechanical support in patients with AMI-CS Professor Jacob Eifer Møller - The Heart Center, Copenhagen University Hospital - Rigshospitalet and Department of Cardiology, Odense University Hospital -</p> <p>Chairs: Reza Jabbari</p>	<p>Denmark Arrhythmia and anticoagulation</p> <p>Secondary atrial fibrillation, to be anticoagulated or not. David Conen (CA)</p> <p>CHADS2-VA1 – Who and when to anticoagulate. Axel Brandes (DK)</p> <p>Break – stretch the legs (10 minutes)</p> <p>Left Atrial Appendage Occlusion should be offered as an alternative to anticoagulation treatment for stroke profylaxis. Pro. Jens Erik Nielsen Kudsk</p> <p>Left Atrial Appendage Occlusion should be offered as an alternative to anticoagulation treatment for stroke profylaxis. Con. Thomas Kümler.</p> <p>Discussion (10 min)</p> <p>Chairs: Maja Hellfritsch Poulsen; Jesper Hastrup Svendsen</p>	<p>Nursing and allied professionals Enhancing quality of life in cardiovascular patients: Challenges and strategies</p> <p>Is quality of life and lifestyle connected? Presentation of the newest evidence for patients with atrial fibrillation. Signe Stelling Risom (DK)</p> <p>Evidence based empowering patient education of atrial fibrillation patients as a part of integrated care. Outi Kähkönen (FI)</p> <p>Integrated care strategies for better quality of life in patients with heart disease. Jeroen Hendricks (NL)</p> <p>Chairs: Hanne Flagtvedt (NO) and Ida Elisabeth Højskov (DK)</p>	<p>Sweden Digital health and AI - the cardiologist of tomorrow</p> <p>Introduction Helen Sjöland (SE)</p> <p>AI detection of atrial fibrillation Linda Johnson (SE)</p> <p>Virtual vs. Physical care based on Danish healthcare registries Morten Kjøbek Lamberts (DK)</p> <p>AI interpretation of coronary angiographies Araz Rawshani (SE)</p> <p>Panel discussion and concluding remarks</p> <p>Chairs: Helen Sjöland</p>
14.30-15.00	Coffee break			

15.00-16.30	<p>Denmark</p> <p>CTEPH</p> <p>All speakers on stage during the entire session (panel) Jakob Schultz – Case CTEPH (case & CTEPH risk factors and incidens)</p> <p>Discussion Thomas Kümler VTE clinic – frequency and management of post-PE syndrome.</p> <p>Discussion Arne Andreassen (Oslo) CTEPH or post PE syndrome. Who should be referred for CTEPH workup</p> <p>Discussion Asger Andersen, Lars Ilkjær/Per Lehnert, Arne Andreassen, Jacob Schultz: PEA, BPA or medical therapy for CTEPH. MDT conference (Case follow up)</p> <p>Discussion Chairmen; Closing remarks</p> <p>Chairs: Thomas Kümler, Asger Andersen</p>	<p>Young Cardiologist Denmark in collaboration with Danish Cardiovascular Academy</p> <p>Translational research - difficulties and clinical perspective</p> <p>Speakers: Four young investigators in the field of translational cardiovascular research:</p> <p>Ole Helgestad, Odense University Hospital</p> <p>Lisa Gottlieb, University of Copenhagen Casper Homilius, Aarhus University Hospital</p> <p>Marlene Schouby Bentestuen, Aarhus University Hospital</p> <p>Panel Henning Bundgaard, Stefan Sattler, Abbas Ali Qayyum og Thomas Jespersen (DCA)</p> <p>Chairs Thomas Lassen og Laura Andreasen, FYC</p>	<p>Nursing and allied professionals</p> <p>Innovations and future directions in cardiac rehabilitation</p> <p>Effects of digital health solution on self-care, patient education, and quality of life in patients with heart failure. Auður Ketilsdóttir (IS)</p> <p>Bridging the gender gap in cardiac rehabilitation: Evidence-based strategies for women. Hanne Flagtvedt (NO)</p> <p>Recovering Infective Endocarditis - then and now? Trine Bernholdt Rasmussen (DK)</p> <p>Atrial fibrillation school - a digital education to increase the patient's knowledge of their illness Katarína Eckert (SE)</p> <p>Chairs: Inga Valborg Ólafsdóttir (IS) and Ida E. Højskov (DK)</p>	<p>Denmark</p> <p>Cardio oncology</p> <p>Overview of ESC Cardio-oncology guidelines v. Jawad Butt</p> <p>Organization of cardio-oncology centers v. Susanne Aagaard Sørensen</p> <p>16:00-16:25 State-of-the-art within Cardio-oncology v. Ninian Lang</p> <p>16:25-16:45 Typical cases of cardio-toxicity v. Ann Banke & Adelina Yafasova</p> <p>16:45-17:00 Panel discussion; -Should every center have a cardio-oncology service? -Is the ESC guideline a must-know paper for every cardiologist? v. Ninian Lang, Mette Pøhl, Susanne Aagaard Sørensen, Jawad Butt.</p> <p>Chairs: Morten Lamberts and Mette Pøhl</p>
16.30-17.00	<p>Opening session Welcome to NBCC 2025. Prof. JF Lassen, president of the Danish Society Opening lecture - Shaping the Future of Cardiovascular Care: Harnessing the Power of Data for the Benefit of Patients. The Nordic and Baltic countries have a unique opportunity to lead the future of cardiovascular care by leveraging high-quality health data and cross-border collaboration. Our national registries and real-world evidence have already improved treatment strategies, but challenges remain in integrating patient perspectives, harmonizing data, and ensuring real-time clinical implementation. By expanding pragmatic trials, utilizing AI-driven analytics, and strengthening cooperation, we can move beyond traditional outcome measures and focus on improving patients' quality of life. In this lecture I will explore how we can turn data into action and set new global standards for patient-centered, data-driven cardiovascular care. G. Gisslasson (DK)</p>			
17.00-18.00	<p>Social event</p>			

Day 2, Friday May 23

Time	Room 1	Room 2	Room 3	Room 4
8.30-10.00	<p>Lithuania Making a difference in heart failure care</p> <p>How to treat heart failure when the kidney fails. Wilfried Mullens (BEL)</p> <p>Atrial cardiomyopathy and interatrial shunt therapy. Jelena Čelutkienė (LIT)</p> <p>What is the evidence for short-term circulatory support? Christian Hassager (DEN)</p> <p>Development of palliative care for heart failure. Tiny Jaarsma (SWE) (confirmed)</p> <p>Chairs: Thordis Jona Hrafnkelsdottir (IS)</p>	<p>Denmark Lipids – what to think and what to do?</p> <p>An overview of the causes of hypercholesterolemia: unraveling the high-risk patients Associate Professor Christian Bork (Denmark)</p> <p>What dietary changes will benefit your patients? (20 min) Professor Kirsten Holven (Norway)</p> <p>How and when to treat hypercholesterolemia? Associate Professor Finn Lund Henriksen (Denmark)</p> <p>Cardiovascular benefits of lipid-lowering treatment: should we strike stronger? Associate Professor Martin Bødtker Mortensen (Denmark)</p> <p>Panel discussion</p> <p>Chairs: Martin Serg and Lia Evi Bang</p>	<p>Young cardiologist Hemodynamic Crash Course</p> <p>Core Tools & Key Concepts Before Stepping into the cardiac ICU</p> <p>Advanced Hemodynamic at the Cardiac ICU - Challenges and Strategies</p> <p>Speakers: Jesper Kjærgaard, RH, Jacob Møller RH.</p> <p>Chairs: Johannes Grand, Nanna Udesen FYC</p>	<p>Nursing and allied professionals Navigating frailty in cardiovascular care: Emerging trends and evidence-based strategies</p> <p>How high can we go? Physical, mental, and social capacities and long-term outcomes in octogenarian and nonagenarian patients after percutaneous coronary intervention Irene Instenes (NO)</p> <p>How to support patient recovery and prevent readmissions after TAVI. Bettina Højbjerg Kirk (DK)</p> <p>Frailty assessment in advanced heart failure management Tiny Jaarsma (SE)</p> <p>Chairs: Tone Norekvål (NO) and Anna Werther Evaldsson (SE)</p>
10.00-10.30	Coffee break			
10.30 - 12.00	<p>Denmark Sportscardiology</p> <p>Sports Cardiology Today: Key Achievements and Future Directions. Keynote lecture. Professor Michael Papadakis, MD, FRCP, FESC St. George's University, London, UK</p> <p>Atrial Fibrillation in an Athlete: How Different from a Non-Athlete? Clinical case Senior consultant Marius Myrstad, MD, PhD, FESC, Baerum Hospital, Baerum, Norway</p> <p>An asymptomatic athlete with premature ventricular beats during preparticipation screening Clinical case Professor Jacob Tfelt, MD, PhD, FESC, Rigshospitalet, Copenhagen, DK</p> <p>Cardiac Disease Through an Athlete's Eyes: Insights from a Professional Career Clinical case Former professional cyclist Michael Mørkøv and senior consultant Hanne K. Rasmussen, MD, PhD, MSc, Bispebjerg and Frederiksberg Hospital, Copenhagen, DK</p> <p>Chairs: MD, PhD, MSc in Sports Cardiology, Associate Professor Hanne K. Rasmussen MD, PhD, Associate Professor Jacob Mosgaard Larsen</p>	<p>Denmark Chronic coronary syndrome</p> <p>Is Chronic coronary syndrome dangerous? Insights from Danish registries Kristian Kragholm</p> <p>Indications for revascularization for chronic coronary syndrome Pro: Ashkan Eftekhari Con: Martin Mortensen</p> <p>Non-invasive imaging</p> <p>Chair: Kristian Kragholm</p>	<p>Young cardiologist Clinical case competition</p> <p>Chairs: Dan Høfsten, Thomas Lassen</p>	<p>Nursing and allied professionals Enhancing patient outcomes in cardiac care; Latest research and evidence-based approaches</p> <p>Double sequential external defibrillation- a promising intervention to improve outcomes in cardiac arrest. Johan Israelsson (SE)</p> <p>SCAD: Advancing Understanding and Supporting Patient-Centered Care. Pernille Palm (DK)</p> <p>From Metrics to Meaning: Integrating Patient-Reported, Clinical, and Socioeconomic Outcomes to Transform Cardiac Care Pathways. Britt Borregaard (DK)</p> <p>Cardiovascular consequences of lifestyle and exercise: Innovative therapeutic strategies for improved health outcomes. Ann-Karin Grotle (NO)</p> <p>Chairs: Tone Norekvål (NO) and Bettin Højberg Kirk Højberg (DK)</p>
12.00-13.30	Lunch symposium & Moderated posters (Main chair: Dan Høfsten (DK))			
	Symposia 1		Symposia 2	
13.30-15.00	<p>Joint session Doctors abstract competition Chair: Dan Høfsten and FYC chair (DK)</p>			
15.00-15.30	Coffee break			
15.30-17.00	<p>Joint session European Heart Journal - this year in cardiology?</p> <p>Structural heart disease (Håvard Dalen) Ischemic heart disease (M. Roffi) Arrhythmia (J. Cosedis) Tips and tricks from the editors (C. Torp-Pedersen) Chair: Eva Prescottt (EHJ), Cecilia Linde and Christian Hassager (NBCC)</p>			
17.00-18.00	<p>Nursing and allied professionals Nurses Abstract competition Pending</p>	<p>Denmark Hypertrophic cardiomyopathy The thick heart: HCM vs Phenocopies. When should inheritance be considered? Jens Jakob Thune Bispebjerg og Frederiksberg Hospital</p> <p>Pharmacologic treatment in HCM: Current and emerging options Trine Kiillerich Lauridsen, Herlev Hospital</p> <p>Risk stratification in HCM: Predicting SCD Alex Hørby Christensen Herlev Hospital</p> <p>Chairs: Martin Snoer, SUH Roskilde, Henning Bundgaard, Rigshospitalet</p>	<p>FYC DIGITAL HEALTH AI AI and diagnostics in cardiology AI og EKG Jonas Isaksen</p> <p>AI Diaco Hamawand</p> <p>Detection of Coronary Artery Calcifications from Routine Chest CT scans using Artificial Intelligence - DETECT-AI Axel Diederichsen</p> <p>Chairs: Hashmat Bahrami, Søren Kristian Nielsen, Liss Roine, FYC</p>	<p>Denmark Heart failure and device therapy Primary preventive ICD in ICM – time to challenge? Speaker Nikolaos Dargès</p> <p>Primary preventive ICD in NICM – Who will benefit? Speaker Lars Køber</p> <p>Ablation of VT in heart failure patients with ICM/NICM– who will benefit? Speaker Jim Hansen</p>
19.00-	Congress dinner - Tivoli			

Day 3, Saturday May 24

Time	Room 1	Room 2	Room 3
8.30-10.00	<p>Denmark Acute coronary syndrome</p> <p>Optimal Approaches to Managing Myocardial Infarction in the Elderly</p> <p>Invasive Management in Older Persons with NSTEMI - Caution is Advised Professor Vijay Kunadian (UK's first female Professor of Interventional Cardiology) -</p> <p>Complete Revascularization in Older Persons with MI Professor Thomas Engstrøm The Heart Center, Copenhagen University Hospital - Rigshospitalet -</p> <p>Antiplatelet Strategies in Older Persons with MI - Balancing The Risk of Ischemia and Bleeding Associate Professor Rikke Sørensen, The Heart Center, Copenhagen University Hospital - Rigshospitalet -</p> <p>Navigating Acute Coronary Syndrome and MINOCA in the Elderly: Challenges and Advances in Diagnosis and Management Associate Professor Lene Holmvang, The Heart Center, Copenhagen University Hospital - Rigshospitalet -</p>	<p>Denmark Tricuspid valve regurgitation - surgical and transcatheter therapies</p> <p>Demography, imaging, patient selection Speaker: Christian Alcaraz, AUH</p> <p>Surgery Speaker: Per Lehnert</p> <p>Transcatheter therapies Speaker: Ole De backer</p> <p>Case based panel discussion Speakers:TBA</p> <p>Questions and discussion with audience</p>	<p>Latvia Paradigm shifts - highlights in cardiac surgery and arrhythmology</p> <p>A tailored approach to aortic valve surgery within the minimally invasive surgery paradigm Prof Martins Kalejs</p> <p>Single centre study of bilateral internal mammary composite"Y"graft usage in comparison to other surgical myocardial revascularization techniques. Dr Martins Erglis:</p> <p>Atrial fibrillation begets atrial fibrillation and early ablation. Dr Kaspars Kupics</p> <p>Arrhythmogenic Right Ventricular Cardiomyopathy or Arrhythmogenic Cardiomyopathy - A set of diseases with a predominant clinical manifestation Prof. Oskars Kalejs</p> <p>Chair: Prof. Andrejs Erglis</p>
10.00-10.30	Coffee break		
10.30 - 12.00	<p>Norway Treatment and management of aortic valve disease</p> <p>What to learn from latest studies on treatment of aortic stenosis. Do we change our strategies and practice? Oscar Angerås (SE)</p> <p>Early intervention, what is more important in timing of aortic stenosis intervention – the valve, the left ventricle or the symptoms? Håvard Dalen (NO)</p> <p>Antithrombotic medication after TAVI? Øyvind Lie (NO)</p> <p>TAVI in the oldest old, prolonging life or prolonging death? Elisabeth Skaar (NO)</p> <p>10 min imaging vignette/short cases from echo, CT, MRI in aortic stenosis treatment, procedure planning, complications. Interactive poll.</p> <p>Chairs: Nikolaj Ihlemann, DK</p>	<p>Iceland Cardiac Genetics</p> <p>Cardiac genetic clinic, why and how? Henning Bundgaard (DK)</p> <p>Family Screening in Cardiomyopathies: Optimizing Follow-up and Reducing the Screening Burden. Christoffer R Vissing (DK)</p> <p>Actionable genes, time to act? David O Arnar (IS)</p> <p>500 years of HCM in Iceland. Oddný Brattberg Gunnarsdóttir (IS)</p> <p>Panel discussion</p> <p>Chairs: Consultant, Phd. And associate professor Martin Snoer.</p>	<p>Young cardiologists Crash Course for Young Cardiologists: Time-Sensitive Interventions</p> <p>10:30 - OHCA: Rapid Response Interventions Christian Hassager</p> <p>10:45 - VT Storms: Emergency Management Essentials Niels Sandgaard</p> <p>11:00 - Chordae Rupture: Act Fast, Save Lives Rasmus Carter</p> <p>11:15 - Acute Aortic Insufficiency: Quick Diagnosis and Action Riina Karoliina Oksjoki</p> <p>11:30 - STEMI Equivalents: Speedy Recognition and Treatment Carsten Stengaard</p> <p>11:45 - Aortic Dissection: Immediate Steps for Survival Anna Axelson</p> <p>Chairs: Laura Andreasen og Hashmat, FYC</p>
12.00-12.30	<p>Joint session – Denmark and chair Closing session - United in cardiology – what have we learnt and where do we go?</p> <p>Panel of Presidents of the Nordic Baltic alliance</p>		